



Ever thought of having a go at triathlon or multisport? Not sure where to start or how to get involved? Well, Triathlon Tauranga are your friendly triathlon and multisports club just waiting for your call.

For those that don't know, we are the organisers of the **Women's Triathlon**, the **Bayfair Life Pharmacy Triathlon**, as well as the famous **Wednesday evening training sessions** at Pilot Bay. We have about 130 members at present, ranging from absolute beginners through to former world age-group champions, and ranging from very young to, well, let's just say less young.

So what can we offer the budding new triathlete or multisporter?

- 130 or more **new friends** who are willing to offer advice or become a training partner or simply to share the joy of our sport with
- Our **Development Squad** caters for our younger members and involves coaching and financial assistance to get the best out of our juniors.
- Once you are a member you will receive **regular newsletters** letting you know what is happening on the local triathlon/duathlon/multisport scene including race reports, training tips, and previews of upcoming events.
- You may well have seen the large number of purple **Triathlon Tauranga T-shirts** at our events or on a Wednesday night. Once you join, you too will be able to purchase one of these fashion symbols at the give-away price of \$25 for adults and \$20 for the children's sizes.
- Automatic **membership of Triathlon New Zealand** (TriNZ to those in the know), the national governing body.
- And then there's the **awards dinner**; the **club championships** system where all club members are recognised for their race performances; the chance to meet and train with similar ability athletes; the national club duathlon championships; or the regular Wednesday night training sessions & social nights in the summer.
- Check out our website www.triathlontauranga.org.nz
- Training Sessions – swim, bike, run - please email the club secretary for an updated list of sessions available.
- Triathlon coaches who are members of Triathlon Tauranga and Triathlon NZ Accredited – please email the club secretary for contact details.

Triathlon is a sport where all of us, including the so-called experienced ones, are continuing to find new limits, to meet new goals, and to make new friends. If this sounds like something you would like to be a part of, just fill in the attached membership form and post it back to us. If you want to know any more about the club before committing yourself, email Secretary Sandra Roy at johnroy@wave.co.nz